



QUEEN'S CROFT HIGH SCHOOL

Birmingham Road
Lichfield
WS13 6PJ
Telephone: 01543 227245
Email: office@queenscroft.staffs.sch.uk

WEEKLY NEWSLETTER

7th Feb 2020

Headteacher: Mr Peter Hawksworth

KEY DIARY DATES

February 2020

- 14th School closes for Half Term
Celebration Assembly
13th RSC—Boy in The Dress
17th— 21st Half Term
24th School Reopens
29th Ski Trip Departs

March 2020

- 5th World Book Day
7th Ski Trip Returns

April 2020

- 3rd Easter Holiday
20th School Opens

May 2020:

- 8th Bank Holiday

INSET DATES

31st January 2020
26th June 2020
20th July 2020

Weekly Word Workout

Good luck with this week's Weekly Word Workout!
As always, remember to let me know how you get on.

I	R	R	E
QU	T	P	Y
H	S	V	B
L	M	N	E

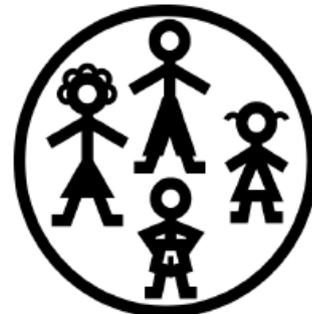
Mrs Ratcliffe, Reading, Writing and Communications Co-Ordinator.

Sign of the Week

3rd - 9th February 2020

This week's sign is Family!

Join in with our Sign of the Week. Make and share your own video using the hashtag #wetalkmakaton to appear on our video wall on wetalkmakaton.org



Family (1)



Finger spelt 'F',
circles clockwise
in front body

Family

All Day Breakfast

All Day Breakfast will be served for school dinner on Tuesday 11th February 2020 for one day only.

Food Technology Plastic Containers

Please could you send your child into school with a plastic container when they have a food technology lesson. Thank you for your support.



Mrs Underwood, HLTA Food Tech.

Free School Meals

Find out if you are eligible by following the link and completing a simple form, or come in to school and we can help you complete it. If you are eligible for Free School Meals, you may also be able to access help with funding residential visits and other trips. The school also receives additional funding to provide academic support to children entitled to Free School Meals, called Pupil Premium. More information is available at <https://www.staffordshire.gov.uk/Education/Educational-awards-benefits/FreeSchoolMeals/Overview.aspx> and you can apply now using this link [://ahttpspps2.staffordshire.gov.uk/web/fsmweb/](https://ahttpspps2.staffordshire.gov.uk/web/fsmweb/)

Routes to College taster days

Tamworth: Tuesday 18th February 10:00-14:00

Cannock: Tuesday 18th February 10:00-14:00

Lichfield: Wednesday 19th February 10:00-14:00

Rodbaston Wednesday 19th February 10:00-14:00

The days at Lichfield and Cannock will be based around creative and art activities.

Please bring drinks and lunch, as although there is a vending machine on Tamworth and Lichfield sites, the cafes will not be serving any food or drinks.

To book a place please call 0300 456 2424, request the Routes to College taster and which campus you would like to attend.

70 PSHE Day

Pupils in 70 took part this week developing their general knowledge by looking at stories from this week's news, building on their understanding of current affairs and developing their critical thinking skills. Discussions this week took place around the topic of Health and Wellbeing as part of the PSHE focus day. Pupils took an active part and shared their thoughts and opinions on whether they thought packed lunches in schools should be banned. They wrote some lovely pieces of work recalling what they had seen in the news story and what they thought should be included in a healthy lunch box and what items should be banned. Well done 70, you worked hard, and you produced some superb written work during the lesson.



WMSSSA Basketball

On Tuesday we hosted the annual WMSSSA Basketball tournament at King Edwards VI School with separate teams for key stage 3 and key stage 4 talking part.

Queen's Croft played superbly in all of their games, winning 12 out of 12 and playing some outstanding Basketball. Throughout the course of the day we scored 86 baskets, the shooting was incredible but it was both teams defending which impressed me most. Queen's Croft simply swarmed the opposition when out of possession, winning the ball back incredibly quickly and blocking everything the other schools had to throw at us. Because of this we only conceded 7 baskets in 12 games which is a remarkable achievement.

Queen's Croft were deserved champions for the 7th year in a row. I was incredibly impressed with all the players attitude, determination, work ethic and leadership throughout the day. Well done to all who took part!



Mr Capewell
Head of PE

Achievement Assembly

We will be holding a celebration assembly in school on Friday 14th February for all of our pupils. We want to celebrate academic achievement but also anything amazing that our pupils have done outside of school. These could be sporting achievements, musical achievements or just about anything that they're proud of! So please send pupils in with any medals, trophies, certificates etc... and we can give them the recognition they deserve!

Mr Capewell, Head of KS4

Post-16 Q&A Session

I would like to invite all pupils who may be in our Post 16 next academic year, and their parents, to an open afternoon and question and answer session in school on Monday 24th February at 3:40pm. I will be presenting our exciting new proposed curriculum and there will be an opportunity for pupils and parents to discuss the subjects available with subject leads.

Mr Capewell

Head of Vocational Learning

Careers and Destinations Lead

Safer Internet Day 2020

Safer Internet Day 2020 is being celebrated around the world on Tuesday 11th February 2020.

The global theme is 'together for a better internet' and this year in the UK we are putting the focus on how young people explore and express their identity online.

Everyone has their part to play in making the internet a better place, including you!

In school, our young people will be having an assembly and time in their form groups to how we can all use the internet safely. Then in the afternoon, I will be leading a workshop for parents and carers at 2.15pm. Please feel free to join us and come to reception.

Mrs Lloyd-Jones
Deputy Headteacher



PSHE—Children's Mental Health Week

During PSHE sessions this week, the students have learnt about being brave, which is the focus of this year's Mental Health Week.

Supporting our students mental health is important to us and we are continuously striving to increase our students awareness of strategies they can use to support their own mental health and wellbeing.

Mrs Pearce, PSHE and SRE Lead.



FIND YOUR BRAVE

#ChildrensMentalHealthWeek



www.childrensmentalhealthweek.org.uk

DEAR PARENTS AND CARERS,

3-9 FEBRUARY 2020 IS CHILDREN'S MENTAL HEALTH WEEK

The week is run by children's mental health charity **Place2Be** to focus on the importance of children and young people's mental health. This year's theme is **FIND YOUR BRAVE**.

WHAT'S IT ALL ABOUT?

Bravery comes in all shapes and sizes and is different for everyone. Bravery can be about sharing worries and asking for help, trying something new or pushing yourself outside your comfort zone. **FINDING YOUR BRAVE** can build your confidence, self-esteem and make you feel good about yourself.

Life often throws challenges our way. Bravery isn't about coping alone or holding things in. It's about finding positive ways to deal with things that might be difficult, overcoming physical and mental challenges and looking after yourself.

We all have times when we need to **FIND OUR BRAVE**.

WHAT CAN YOU DO?

Here are a few simple ways you can encourage your child to **FIND THEIR BRAVE**.

1. **Remind your child that bravery comes in many forms and everyone is different.** What's brave for them might not feel brave to someone else.
2. **Chat with your child about a time when you've had to FIND YOUR BRAVE.** It might have been something big or small.
3. **Praise your child when they FIND THEIR BRAVE.** Maybe they've kept going at learning a new skill or tried something outside of their comfort zone which boosted their confidence.
4. **Point out examples of bravery in books and films** to your child and talk about how trying out different ways of being brave will help them feel good.
5. **Reassure your child that not feeling brave is OK too** and that there are times when it might be more difficult to be brave.

At children's mental health charity Place2Be we want all children to think about how they look after their minds.

Let your child know that if they are not sure about something, they should talk to an adult they trust. It could be you, someone in your family, a teacher or someone else in their school.

If you're worried about your child's mental health you can talk to your GP or someone at your child's school.

You can also find a list of organisations that provide support and advice on our website www.place2be.org.uk/contacts

We now have a text messaging service for parents/carers of children aged 0-19 who live in Staffordshire.

Get advice from our Public Health nurses (Health Visitors and School Nurses).

TEXT: 07520 615722



Feeding and nutrition



Child development



Parenting advice and support



Emotional health and wellbeing



Behaviour difficulties



Family health

We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between them and Spire. If you need help before you hear back from us contact your GP, nearest walk in centre or call 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health visitor from sending messages to you, text STOP to our number. Messages are charged at your usual rates.